

Kentucky Department of Corrections Staff and Offender Newsletter

JULY 2017

THE TOOL BOX

VOLUME 6, ISSUE 3

Kentucky Reentry Branch Expands

The Kentucky Department of Corrections Reentry Branch would like to welcome four (4) new Program Administrators to the Reentry Branch. On May 16, 2017 Christi Sorrell, Andria Barkett, Tara Harrod, and Pamela Bentley started their new positions. The Reentry Branch now has six (6) Program Administrators who all oversee a specific area/region of Kentucky in going forth with our Reentry initiatives.



Left to right: Pamela Bentley, Andria Barkett, Christi Sorrell, and Tara Harrod

Christi Sorrell:

Christi Sorrell is a 2005 graduate of Eastern Kentucky University, where she earned her Bachelor's degree in Criminal Justice with a Minor in Psychology. She lives in Madison County with her husband and three children.

In January of 2006, Mrs. Sorrell began her career as an Officer with the Tennessee Board of Probation & Parole. There she supervised a mixed caseload of offenders at the onset of her tenure, and had transitioned to supervising a sex offender caseload in the Knoxville area when she departed employment from Tennessee to move to Kentucky. She began working for Kentucky Department of Corrections Probation and Parole office on September 16, 2008 in District 9, Fayette County office. In July 2011, she transferred to District 8 (Mt. Sterling area), in which she became involved in Reentry. Shortly thereafter, Officer Sorrell became the Reentry Officer for the district at the onset of that designation.

Officer Sorrell has worked in many areas within Probation and Parole, including caseload supervision, Pre-Sentence Investigation Report preparation, Class D Officer, Home Incarceration Program (HIP) Officer and Field Training Officer (FTO). She is a certified facilitator in 24/7 Dads, Moral Reconciliation Therapy (MRT), Thinking for a Change (T4C), and PORTAL New Direction (PND). She is currently on the last step of certification to train other facilitators in Moral Reconciliation Therapy (MRT).

Andria Barkett:

Andria Barkett is a 2010 graduate of Western Kentucky University (WKU). She is a Sociology major with a minor in Criminology. While attending the University she worked as a WKU Police explorer. While in this program, she was selected to attend a Leadership program with the FBI at Quantico.

"It was a great experience; I learned the value of different leadership qualities and the importance of being an effective leader. I found for me that I like to empower people around me with my bubbly can do attitude. In addition, I gained the knowledge of how to be successful in my decision making process in Corrections. I believe that I took the knowledge given and used it to benefit the clients that we serve and to be a reliable co-worker," stated Ms. Barkett on her Leadership program in Quantico.

*Reentry Branch Staff Bios continued on next page**

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****Reentry Branch Staff Continued....**

Mrs. Barkett began her career with the Kentucky Department of Corrections in 2012 as a Probation and Parole Officer in District 5 (Elizabethtown). While there, she began developing an interest in conducting reentry classes. In March of 2014, Andria transferred to District 1 her hometown of Paducah. She continued her journey of learning and is now an instructor of Thinking for a Change (T4C), PORTAL/New Direction (PND), 24/7 Dads and Moral Reconation Therapy (MRT). In February 2017, Andria became the Reentry Officer for District 1, Paducah.

Tara Harrod:

Tara Harrod is a 2007 graduate of the University of Louisville (UofL) with a degree in Justice Administration. She currently resides in Oldham County with her husband and children. She is the recipient of the Girl Scout Gold Award and is currently a leader for her eldest daughter's Girl Scout troop.

Mrs. Harrod began her career with the Kentucky Department of Corrections in 2011 as a Probation & Parole Officer in District 19, Louisville Southeast office. Throughout her first year, she became part of the PORTAL team and supervised a specialized caseload of individuals in the Newburg Justice Reinvestment Initiative (JRI). In 2012, she received a nomination for the 2012 Rookie of the Year by her supervisors.

In November of 2012, she transitioned to the Reentry Branch when she was selected as one of the four (4) grant funded Reentry Parole Officer jobs in Jefferson County. She then became involved with numerous community entities including Louisville Metro Reentry Task Force, the Goodwill Reentry By Design Program, and the Federal Bureau of Prisons/Department of Corrections partnership meetings. After being trained to facilitate Thinking for a Change (T4C) and PORTAL New Direction (PND), she was the first to implement PND classes in Jefferson County for offenders in the community. In 2014, she attended the first training for Field Training Officers (FTO) and has since trained numerous officers. After the end of the grant funded position, in 2016, she transitioned to District 16, Louisville East office, as a Probation & Parole Officer where she continued as a FTO until becoming a Program Administrator for the Reentry Branch in May 2017.

Pamela Bentley:

Pamela Bentley is a 1991 graduate of Union College with a Bachelor's of Science degree in Sociology, History, and Education. She resides in Laurel County with her children.

Pamela began her career with the Kentucky Department of Corrections in 2005, as Probation and Parole Officer in the District 10, London office. In 2011, she was selected to be the Reentry Officer for District 10. Pamela is certified in Moral Reconation Therapy (MRT), 24/7 Dads, Carey Guides, PORTAL/New Direction (PND), Effective Practices in Community Supervision (EPICS), Core Correctional Practices and Correctional Program Checklist. She has also completed Offender Employment Specialist training.

Since being selected as the District 10 Reentry Officer, Pamela has been responsible for scheduling and facilitating all programming for the district. In addition to those duties, she has also served, since 2010 as an adjunct instructor for officer in-service, and Firearms Instructor for District 10 since 2014.

**America is the land of the second chance—and when the gates of the prison open,
the path ahead should lead to a better life.**

~George W. Bush~

NORTHPOINT TRAINING CENTER OFFENDER RESUME' DATABASE

Northpoint Training Center (NTC) put together a program on March 1, 2017 that is geared at helping inmates that would be leaving the institution in their search for employment, by putting their resume' on the Northpoint website.

Offenders transitioning from prison back into society often have gained employment skills and training while incarcerated as well as having marketable job skills prior to admission. Since successful reentry is highly dependent on meaningful employment, offenders are eager to obtain a job immediately upon release.



To be eligible for this program an inmate must be within three (3) months of serve out, or three (3) months of going out on parole or mandatory reentry supervision (MRS). The offender must place a request to their social service caseworker to let them know they are interested. Ms. Eva Cochran the Reentry Coordinator will then send them instructions on how to do a resume'. When the resume' is complete, it is then sent back to Ms. Cochran for review.

The resumes' contained in this database are provided by offenders within the Kentucky Department of Corrections, currently housed at Northpoint Training Center. A personal identification number that is specific to the offender is placed on the resume', rather than a name. A spreadsheet is kept with the offender name, and the personal identification number assigned to them. The website lists the offenders assigned personal identification number, their occupation, their skills, the county area they are going to, and their availability date for work. To view the resume' of an offender, a potential employer can click on their identification number. If the employer is interested in an interview with a prospective employee, they may contact Ms. Cochran at 859-239-7012 ext. 2034. Northpoint Training Center is not responsible for the information contained in the resume'.

Northpoint hopes by placing their resume' online that future employers may see it before the offender is released and can set up an interview and the offender will have a job upon release.

If an offender has a place to live and a job he is less likely to return to prison. By offering this service we are letting him know we want them to succeed. In having a job upon release, it allows them to be a productive member in the community.

To view the website, please visit:

<http://corrections.ky.gov/depts/AI/NTC/Pages/OffenderEmployment.aspx>

IF YOU KNOW OF ANYONE THAT DOES REENTRY OR OFFERS
REENTRY SERVICES AND WOULD LIKE TO SPOTLIGHT THEM,
PLEASE LET THIS OFFICE KNOW:

MELISSAJ.MOORE@KY.GOV

Graduation of three Thinking for a Change classes By Marty Johnson, Reentry Officer



On 5/17/17, there was a commotion at Dismas Charities Portland in Louisville. Three classes of Thinking for a Change were all graduating together. These classes were led by Erica Hargis, Nick Bing, Deb Dawson, Tim Walker, and Marty Johnson. They started with approximately thirty-six students (twelve in each class). Despite losing students to early parole releases and some being chosen for SAP, they graduated twenty-four students total.

These determined twenty-four students learned several social skills and problem solving skills over the course of three and a half months. With homework after nearly every class, students gained a stronger grasp on how to actively listen, ask questions, make a complaint effectively, how to negotiate, and how to respond to anger in themselves and others. In class these skills were taught by watching the facilitators role play the skill of the day, followed by the students having to come up with a time they would need to use that skill before the next class. Students role played the skills in class with help from their classmates. Homework in Thinking for a Change was to go out in to the real world and practice the skill before the next class. Students also learned how to identify high risk thoughts that lead to high risk behavior. More importantly, they learned how to come up with new thinking that would change their behavior and lead to better outcomes for themselves and others.

During the problem solving module that takes place toward the end of the Thinking for a Change curriculum, students choose a problem they know they're going to face in the future and plan what they'll do about it. Common problems chosen are, "How will I get a job as a convicted felon?" and, "How can I improve my relationship with my children?" Students work on these problems individually, give group feedback, role play their problem with the developed solution, and then decide if they're closer to their goal or not. This encourages participants to continue to use their newly developed skills after they've graduated the program.

Thinking for a Change is a hands-on, skills-based class that actively engages students to develop pro-social problem solving skills. It is a challenging class that makes students to get out of their comfort zone by role playing and requires them to work diligently to get all the homework completed on time. These twenty-four students are now better equipped to handle the hurdles of tomorrow.



Pictured left teaching class: Officer Nick Bing;
Pictured right teaching class: Officer Marty Johnson

Scott County Community comes Together in the Fight Against Addiction

On Tuesday June 13, the Scott County Cooperative Extension Office became the site for a Community Resource Fair and forum to explore many of the challenges facing the community in dealing with addiction.

This event, sponsored by the Scott County Community Medical Mission, Scott Countians Against Drugs (SCAD), Agency for Substance Abuse Policy (ASAP) and Parents of Addicted Loved Ones (PAL), featured booths from agencies providing resources throughout the community, a wide range of guest speakers and a breakout session where attendees broke into smaller groups based on their approach in the community.



Scott County Community Discussion

Some featured booths included various treatment providers in the community, shelters, rehabilitation centers. Kentucky Department of Corrections Reentry staff was on hand, as well.

Guest speakers at the event included judges, law enforcement officials, medical professionals and recovery testimonials. The keynote speakers were:

- Phil Halley - Lieutenant, Georgetown Police Department
- Morgan Rehm - Scott County High School President, Scott Countians Against Drugs
- Alex Elswick - Founder, Voices of Hope
- Dr. Scott Harrison - Georgetown Hospital, ER Director
- Dr. Horace Hambrick - Georgetown Pediatrics
- Karen Butcher - Parents of Addicted Loved Ones

At the conclusion of the speakers' program, attendees were invited to stay for a breakout session and join in conversation with smaller groups, based on their category of community approach to addiction. Some examples of these categories were law enforcement, medical, social, parental, etc. These groups were then tasked to come up with the top three challenges that are often obstacles for addressing the needs of those suffering from addiction. Attendees then rejoined as a larger group to discuss the results from the breakout sessions.

Scott County has developed a real awareness of the addiction epidemic that is plaguing our state, as was apparent in the number of people in attendance to this program. Keep up the great work, Scott County, continue to be a light in the dark for the areas surrounding you!

Article submitted by: Christi Sorrell, Reentry Branch
Program Administrator



DO YOU HAVE A FELONY ON YOUR RECORD THAT AFFECTS YOUR ABILITY TO FIND A JOB?

Did you know that Kentucky passed House Bill 40 (HB40) in 2016, that went into effect July 15, 2016 that allows certain Class D felony convictions to be expunged?

What is expungement?

In Kentucky, when you are charged with a crime or convicted of a crime, that information stays on your criminal record. Expungement is the legal process of completely removing an arrest, charge, or conviction from your record.

HB 40 creates a process that permits a defendant to file a motion to have his or her conviction vacated and expunged. If the court grants the motion, the original judgment will be vacated and the charges dismissed. Records in the custody of any other agency or official, including law enforcement records, will be expunged.

An application cannot be filed sooner than five years after the completion of the person's sentence or five years after the successful completion of the person's probation or parole, whichever occurs later.

Why should I get an expungement?

If you get an expungement, all records relating to the charge or conviction are deleted. It means that you can answer "NO" when asked on an application if you have been convicted of a crime. This can help you find a job or a place to live.

Felony Expungement

Only some Class D felonies are eligible. Check if your conviction appears on the list of Eligible Felonies by going to: <http://www.cleanslatekentucky.com/resources.html>.

- Class A, B, and C felonies are not eligible for expungement.

Can I expunge more than one Class D felony conviction?

- You can expunge multiple felony convictions if they are part of the same case or arose from the same incident.

If I expunge my felony, will I be able to vote?

- Your voting rights will be restored as long as you have no other felonies remaining on your record.

****Continued on next page: Resources for Class D felony expungement**



Resources for Class D felony expungement

How do I get started?

- You can visit the website: <http://www.cleanslatekentucky.com/about.html>. Clean Slate Kentucky is a free public service that provides information to Kentuckians with criminal records.
- You can visit the website: <http://courts.ky.gov/Expungement/Pages/process.aspx>. This website lists the expungement certification process and allows you to start the process on-line.
- You can attend one of the many Expungement Workshops that are being done throughout the state. In order to find the closest one to you, please go to the website: kentuckyreentry.org.

How do the expungement workshops work? (Free workshop to all)

- Local Reentry Council or Chamber of Commerce hosts a workshop to include Probation and Parole staff, Department for Public Advocacy (DPA), Legal Aide, and local attorneys to assist in going over the process and answering questions.
- Probation and Parole staff assist with the record checks, while the DPA, Legal Aide and local attorneys answer questions about how to get their record expunged.


View previous workshops and photos below.

FREE

EXPUNGEMENT INFORMATION WORKSHOP

WHEN:
May 9th, 2017
6 pm - 8 pm

WHERE:
Eastern Kentucky University
Perkins Building
Kit Carson Drive, near Planetarium
Free Parking

HOSTED BY:

Serving Greater Madison County

KENTUCKY DEPARTMENT OF PUBLIC ADVOCACY
KENTUCKY DEPARTMENT OF CORRECTIONS REENTRY BRANCH

**INTERESTED IN
CLEARING YOUR
CRIMINAL
RECORD BUT
CANNOT AFFORD
AN ATTORNEY?**

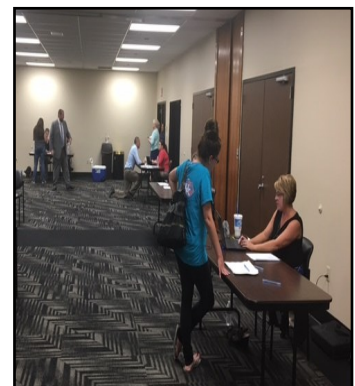
**NO RSVP
NEEDED**

Learn if you are eligible for
expungement and how to
clear your record. Talk to
an attorney about getting
free legal services if you
qualify. Please bring proof
of income if you have it
available.

**QUESTIONS?
CONTACT KYLE MORRIS
KYLE.MORRIS@KY.GOV**



Pictures from the Richmond Expungement Workshop



**Continued on next page: Expungement Workshops and Upcoming Dates

Prior Expungement Workshops and Upcoming Dates



May 18, 2017
Lexington Expungement Workshop
Department of Corrections staff



June 13, 2017
Prestonsburg Workshop
KY Department of Corrections Staff

****Upcoming Expungement Workshop**



FREE EXPUNGEMENT INFORMATION WORKSHOP

WHEN:
JULY 27, 2017
6 PM—8:00 PM

WHERE:
OWENSBORO REGIONAL RECOVERY
4301 VEACH RD, OWENSBORO, KY

HOSTED BY:

KENTUCKY DEPARTMENT OF PUBLIC ADVOCACY
WESTERN KENTUCKY LEGAL AID
GREEN RIVER KENTUCKY REENTRY COUNCIL
KENTUCKY DEPARTMENT OF CORRECTIONS REENTRY
OWENSBORO REGIONAL RECOVERY

INTERESTED IN
CLEARING YOUR
CRIMINAL
RECORD BUT
CANNOT AFFORD
AN ATTORNEY?

**NO RSVP
NEEDED**

Learn if you are eligible
for expungement and how
to clear your record. Talk
to an attorney about getting
free legal services if you
qualify.

Please bring proof of
income if you have it avail-
able.

QUESTIONS?
CONTACT ANDRIA BARKETT
ANDRIA.BARKETT@KY.GOV

Department of Corrections in the News.....

Northpoint Training Center

By: Dave Fairfield

June 14, 2017

Danville Rotary

Don Bottom, warden at Northpoint Training Center, was Danville Rotary's speaker on June 9. Bottom has held progressive positions correctional complexes, since he graduated with a BA in Criminal Justice in 1993.

His presentation highlighted the activities at Northpoint, with an emphasis on preparing inmates to successfully re-enter society as law abiding tax payers. Before commencing his remarks, he provided an overview of the institution he oversees.

Northpoint was originally constructed as a state mental hospital and in 1941, the U.S. Army assumed control to provide care for soldiers suffering from psychiatric illnesses. In 1946, the hospital returned to the state for a total cost of \$1. Kentucky operated the facility as a state hospital until 1977, when it began operation under the Bureau of Social Services. It was utilized as a youth center for juvenile offenders. In 1983, the Department of Corrections assumed control of the 551 acres property with 50 structures.

Today, the institution operates as a medium-security institution with a capacity to house 1,256 inmates. The facilities are enclosed by a double 12-foot fence, with razor wire on the bottom and top. Sensors alert security in the event of an attempted breach, which alerts the control center and guards in the four armed wall towers.

"Thank you for allowing me to share with you a little bit about what's happening at Northpoint. Danville is known as the 'City of Firsts,' and I tell my staff that I want Northpoint to be an institution of Firsts, too. So in 2014, we were the first institution to open a veteran's dorm. It is operated totally for the benefit of the veterans that are incarcerated. Representatives of the various veterans' organizations come to provide counseling and other services. Prior to release, those organizations help them to find housing and employment.

"We also were the first in the state to include a prison fellowship program come into the facility. It is a yearlong faith based program. In 2015, we opened a regional training program that provides training services at the institution, and saves the state \$80,000 a year. We also created a Team Challenge Program operated under the auspices of the Bridges Program, which was originally created to help high school students. Bridges is a special admissions program which was designed to assist high school students in making a successful academic transition to University life. Our Team Challenge program is focused on helping addicts learn how to live free from addiction. We also have the sex offender therapy program, the substance abuse program and more recognition therapy programs. In all, we have 28 therapy programs in which the inmates can participate. They all are designed to improve the likelihood that our inmates will be successful in their return to society.

**continued on next page

Northpoint continued.....



“I’m proud that these programs do not cost taxpayers anything. The funding comes from the proceeds of inmate commissary. In fact, when we are successful, it saves taxpayers’ money because the people become taxpayers and do not return as inmates.”

“Our education program is another we like to talk about. Northpoint led the state in the number of GEDs awarded, and our education department ranked 24 in the whole state for achieving 25 percent of the goals. As a result of the vocational programs and GEDs awarded, in 2016 Northpoint saved Kentucky roughly \$260,000 in ‘bed days,’ because when inmates achieve an education goal, their incarceration days are reduced. This year we are on track to beat our 2016 results.

“I’m also proud of our staff, because we are the first correctional institution in the state to become a lifetime sponsor of the Correctional Peace Officers’ Foundation. That was accomplished by our staff raising \$5,000 to contribute to the foundation. In 2015, I attended a conference in Pittsburg where all the family survivors of Correctional Peace officers who lost their lives in the line of duty are brought in for recognition. After that experience, I told my staff that I wanted us to be the first institution in the state to become a life time sponsor of that organization...and they made it happen through various fundraising activities.”

“Our primary focus is on re-entry. We do that by helping them learn how to stay substance free, providing education opportunities and learning job skills in welding and electric trades and carpentry. I want our inmates to go out and get a job. Then maybe I can get a raise. Are there any questions?”

Questions posed to Warden Bottoms and answers follow:

- How many inmates do not take advantage of the help programs? Fourteen percent.
- What is your current recidivism rate? Forty percent.
- What are the top offence categories? Drug and violence-related crimes.
- Is the violence usually drug related? Yes.

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2017, The Advocate-Messenger

Reference: <http://www.amnews.com/2017/06/14/rotary-report-2/>

YOU HAVE A VOICE!!! Want to use it???

Interested in joining a Kentucky Reentry Council in your area??

Kentucky Reentry Councils

Kentucky Reentry is made up of reentry task forces or councils throughout the state of Kentucky. The reentry groups do not provide services for ex-offenders, nor do they have reentry programs. They are made up of individuals and organizations networking together to share information and improve the reentry process. The members may be organizations and/or individuals that provide services and/or have interests in helping. Each group is focused toward ex-offenders coming back to their areas, the issues involved, and making their community safer.

The basic purpose of each group are:

To address the current issues returning citizens face

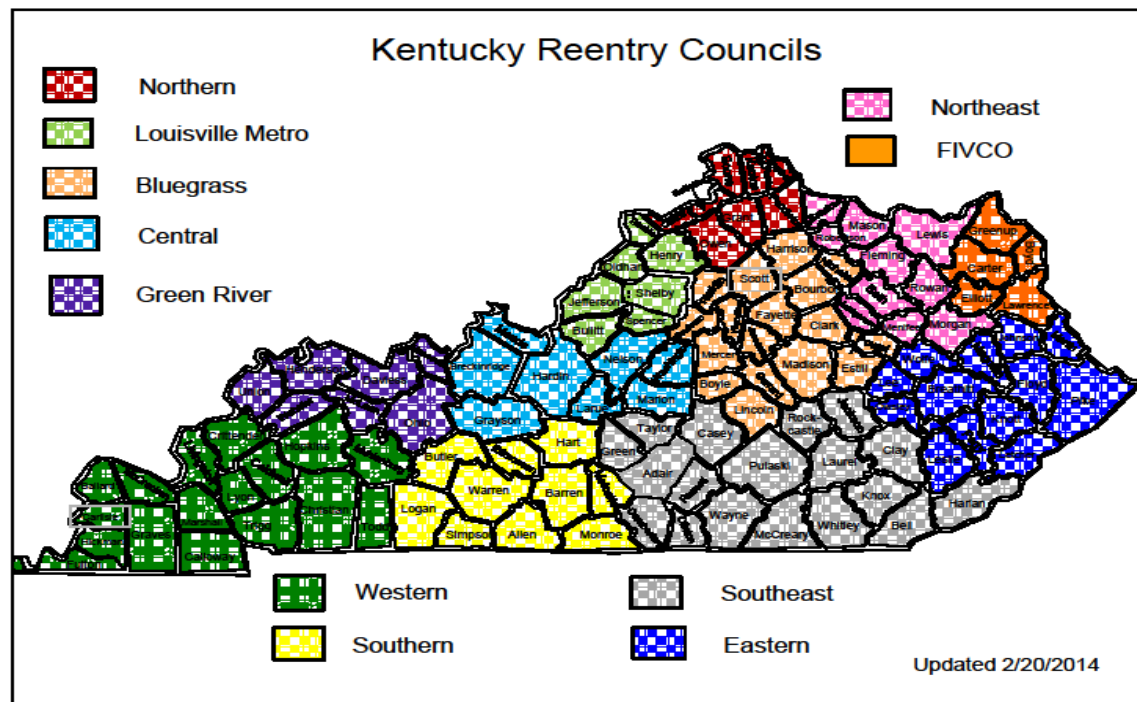
To develop a network of resources and service providers within their area

To communicate and advocate for the justice involved population to the community and their leaders.

If you would like to join, please visit our updated website: www.kentuckyreentry.org for meeting dates, times and locations in your area!

Also, visit us on Facebook:

<https://www.facebook.com/kentuckyreentry>



KENTUCKY REENTRY

www.kentuckyreentry.org



The Kentucky Department of Corrections Reentry Branch has added 4 new Program Administrators and have split the State up into 6 Regions. See Map.

If you need reentry information, have questions, or would like to attend your local council meeting, please contact them!

Region 1 - Andria Barkett - andria.barkett@ky.gov

Region 2 - Kerry Mears - kerry.mears@ky.gov

Region 3 - Tara Harrod - tara.harrod@ky.gov

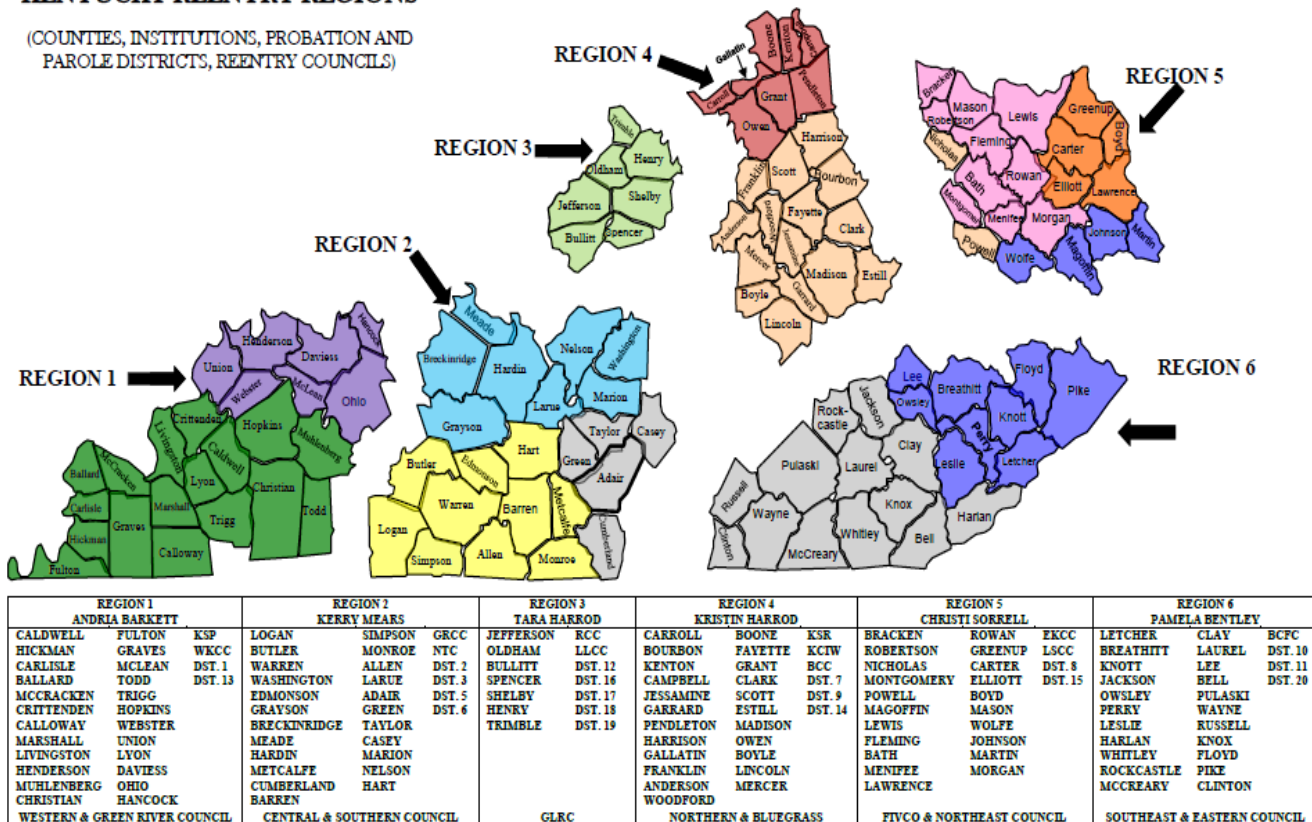
Region 4 - Kristin Harrod - kristin.harrod@ky.gov

Region 5 - Christi Sorrell - christij.Sorrell@ky.gov

Region 6 - Pam Bentley - PamelaD.Bentley@ky.gov

KENTUCKY REENTRY REGIONS

(COUNTIES, INSTITUTIONS, PROBATION AND PAROLE DISTRICTS, REENTRY COUNCILS)



RESOURCES:



LINEMAN & FIBER OPTIC TRAINING

REGISTRATION DEADLINE
Monday, July 24

ORIENTATION
Friday, July 28
HCTC Technical Campus

Aug. 7 - Oct. 20, 2017
HAZARD COMMUNITY & TECHNICAL COLLEGE
Technical Campus | 101 Vo-Tech Drive | Hazard, KY

For more info, contact a career advisor at your local Kentucky Career Center. To locate your closest Career Center, go to www.jobsight.org/locations.

americanjobcenter **EKCEP** Hazard Kentucky Career Center JobSight HOME




Have you thought about a career as an electrician?

AMTECK

HERE'S YOUR CHANCE

Amteck, in partnership with Kentucky Career Center JobSight, is offering FREE Electrical Pre-Apprenticeship Training to address a shortage of trained electricians. Successful completion of the program could result in immediate hire with Amteck, earning \$12 per hour with the potential of earning as much as \$70,000 per year.

Orientation on Wednesday, Aug. 2
Kentucky Career Center JobSight
412 Roy Campbell Drive
Hazard, KY 41701

Pre-register for orientation by contacting Liz Jones @ 606-436-3161 or l.jones@lklp.net

Requirements include:

- Drug-free (test required)
- Good work ethic
- HSD/GED
- Team Player
- Positive Attitude
- Desire to learn
- Willing to travel (Company-paid travel expenses)

EKCEP Kentucky Career Center JobSight AmericanJobCenter

WE'RE HIRING!

Do you have a love for horses? Looking to make some extra cash? Then we have an excellent opportunity for you! We are currently recruiting for BreyerFest 2017!

All Applicants Must Be:

- Willing to work in an outdoor environment
- Available to work the entire event
- Have reliable transportation to and from the KY Horse Park

Call us today at 859-246-1400.

BreyerFest is a 3 Day event held at the KY Horse Park. This year the event will be July 14, 2017-July 16, 2017. For additional information and to apply online visit www.peopleplusinc.com.



RESOURCES:

JobsForFelonsHub.com

Our Website is dedicated to helping those who have gone through the criminal justice system and are looking for successful reentry into society.

Resources Include:

Jobs For Felons by City and State
Companies That Hire Felons
Exclusive Job Board
Job Training Resources

Free Downloadable Guide
Legal Representation Assistance
Housing Information
Reentry Program Database

Visit Us Today: www.JobsForFelonsHub.com



RESOURCES:

**THERE IS HOPE**

PAL provides continuing education and support, at no charge, for parents struggling to cope with a son or daughter addicted to drugs or alcohol.

For Spouses Too

PAL can also help spouses who are forced to *act like a parent* to their addicted partner. All other sober family members and friends are also welcome to attend our meetings.

YOU ARE NOT ALONE

By attending our meetings, you will learn proven ways to help your loved one toward recovery from addiction. You will also be able to give and receive support from others who are facing the same challenges as you are.

MONDAYS
7:00-8:30

**NORTHSIDE CHRISTIAN
CHURCH**

117 East Jefferson Street, Georgetown, Kentucky 40324

FACILITATED BY PARENTS ON A SIMILAR JOURNEY

For more information, www.pal-group.org
or text or call 859-421-3484

**THERE IS HOPE**

PAL provides continuing education and support, at no charge, for parents struggling to cope with a son or daughter addicted to drugs or alcohol.

For Spouses Too

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YOU ARE NOT ALONE

By attending our meetings, you will learn proven ways to help your loved one toward recovery from addiction. You will also be able to give and receive support from others that are facing the same challenges as you are.

TUESDAYS
6:30-8:00
MENTOR CHURCH

3724 Smith Rd. California, KY 41007

FACILITATED BY LISA RUSCHMAN & TONI BEASLEY

TWO PARENTS ON THE SAME JOURNEY,

For more information, www.pal-group.org
or text or call Toni Beasley 859-414-8873
(calls will be returned after 5 pm or on weekends)



Parents of Addicted Loved Ones Support Group

Group is Free – No Registration Required



Catholic
Charities
Diocese of Covington

Join Us
Every Wednesday
6:30-8:30

3629 Church St. Latonia, KY 41015

There is Hope!

PAL meets every week and provides continuing education along with support, at no charge, for parents with a son or daughter suffering from alcohol or drug addiction.

You are Not Alone!

Many families are affected by addiction. PAL will allow you to give and receive support from others who are facing the same challenges you are. The guiding principles of Pal are confidentiality, respect, acceptance and support.

For Spouses Too!

PAL can also assist spouses who are sometimes forced into acting like a parent to their addicted partner who is abusing alcohol or drugs

www.covingtoncharities.org

For More Information, Contact:

Laura Jackson / Paula Weber
Catholic Charities
(859)581-8974

Tina & Tony Garera
PAL Group Facilitators
(859)760-0954



Never Lose Hope.

If you know of any support groups or family/offender resources you would like to see published, please email:

Melissaj.moore@ky.gov
Reentry Branch

RESOURCES:

Parents of Addicted Loved Ones Support Group – Lawrenceburg



There is Hope!

Parents of Addicted Loved Ones (PAL) meets every week to provide continuing education and support, at no charge, for parents trying to save a son or daughter from addiction to alcohol or drugs.

For Spouses Too!

PAL can also help spouses who are forced to *act like the parent* to their addicted partner who is abusing alcohol or drugs. All other family members and friends are also welcome to attend our meetings. (Must be 18 years of age or older.)

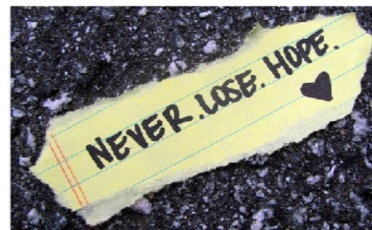
You Are Not Alone!

By attending our meetings, you will learn proven and suggested ways to help your loved one, and yourself, in recovery from addiction. You will also be able to receive support from, and give support to, others who are facing the same challenges you are in your journey of addiction of a loved one.

PAL Support Group – Lawrenceburg, KY Meeting
Thursday Evenings, 6:30-8:00 p.m.
Anderson Christian Church, 1631 U.S. 127 Bypass South, Lawrenceburg, KY

HOPE • EDUCATION • SUPPORT

For additional information, please visit: www.palgroup.org



Do you have family or a friend in jail or prison?

Are you looking for a safe,
welcoming community where you will be
accepted without judgement?

Join us the 3rd Tuesday of the
month from 6:30-8:00pm.

ALL ARE WELCOME.



**PLEASE JOIN US
FOR FRIENDS AND
FAMILY INC
SUPPORT GROUP**

WHEN
3RD TUESDAY
OF THE MONTH
6:30-8:00PM

WHERE
CATHOLIC CHARITIES
3629 CHURCH ST.
COVINGTON, KY
41015

FOR MORE INFORMATION
Maria Meyer
mmeyer@covingtoncharities.org
859.581.8974 ext.117
www.covingtoncharities.org

Central Kentucky's Family & Friends of the Incarcerated & Convicted

Second Saturday of each month
Memorial United Methodist Church

(In Collaboration with MUMC and Feeding America Food Distribution)

631 N. Miles St
Elizabethtown, KY 42701
8AM-12PM

Stop by our table set up. We help find resources, give moral support and answer questions relating to loved ones going into prison/jail or being released.

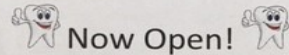
Central Area covers: Breckinridge, Hardin, Marion, Nelson,
Grayson, Larue, Meade and Washington counties of KY.

Contact Eva, email: freedomministriesky@gmail.com or
Frank (270) 769-8735, email: frank_anglin.kyreentry@yahoo.com
for more information

RESOURCES:



SHAWNEE DENTAL



Same-day appointments
Most insurances accepted
Sliding fee available – discounts based on income

Full Dental Services

- Cleanings • Extractions • Fillings • X-Rays • Cosmetic Dentistry • Crowns
- Dentures • Bridges • Partials • Gum Care • Veneers • Root Canals
- Preventive Education

SCHC Locations

Medical Clinic:

234 Amy Avenue
Louisville, KY 40212
502-778-0001

Dental Clinic:

222 Amy Avenue
Louisville, KY 40212
502-774-2400

Wellness Center @

J.B. Atkinson Academy:
2811 Duncan Street
Louisville, KY 40212
502-632-1764

Wellness Center @

Maupin Elementary:
1312 Catalpa Street
Louisville, KY 40211
502-632-1765

Wellness Center @

Academy at Shawnee:
4001 Herman Street
Louisville, KY 40212
502-485-8688

New Opening!

Payment for services are on a sliding scale based on income.



Services Provided

Adult and Geriatric Health Care

- Chronic Disease & Illness Management
- Sick Visits
- Diabetes Care/Retinal Eye Exam
- Hypertension
- Weight Management
- Care Coordination Between Specialists
- Smoking Cessation
- Prostate Exams
- Joint/Trigger Point Injections
- Ear Wax Removal
- Lung Function Testing
- EKG
- Anti-coagulant management/INR monitoring
- Complex Medical Problems Management

Women's Health Care

- Pap Smears
- Annual Physicals
- Pelvic and Breast Exams
- Birth Control
- Depo Injection
- Pregnancy Testing
- STD Testing

Preventive Health Care

- Wellness Visits
- Annual Exams and Physicals
- Flu Vaccines
- TB Testing

Pediatric Care (Newborn – 18 Years)

- Well Child Exams
- Sick Visits
- Strep/Mono/Lead/Hgb/Flu Testing
- School/Sports Physicals
- Asthma Care
- Vision Screening
- Hearing Screening
- Immunizations
- Teen Sexual Education

Behavioral/Mental Health Care

- Free Counseling Services
- Depression/Anxiety/Stress

Urgent/Immediate Care

- Same Day Appointments
- (Phone lines open at 8:30 a.m. Monday through Friday)

Insurance Assistance

- Medicaid
- Qualified Health Plans (QHPs)
- Medicare
- Social Security
- Veterans Affairs (VA) Benefits

School-Based Health

- Wellness Centers
- Symptom Assessment
- Illness Treatment
- Sick Visits and Screenings
- Prescriptions
- Health and Wellness Education/Promotion
- Services for Children/Staff/Families



5th
Annual

Overdose Awareness Day

AUGUST 26 2017 10 am @ Jacobson Park Shelter #6

A free community event to remember the ones we've lost to addiction & find hope in recovery.

The event will offer:

- a resource fair
- an overdose response training
- a memorial wall
- Bluebirds of Hope community project
- speakers, including Rex Chapman
- & a memorial tree watering ceremony

For more information about the event, as well as volunteering, please visit:
<http://www.voicesofhopelex.org>

